

# The Claiborne Clarion

Published monthly by Claiborne residents for Claiborne residents

Barbara Reisert, Editor  
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Priceless!!

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The purpose of this newsletter is to acquaint and inform Claiborne residents.

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## **Trash Pick-up Report from Abby**

Big thanks to our new "Litter Team"! We've decided to each adopt a small part of our pick-up territory. The new Claiborne Neighbors Team is: Jack & Judy Harrald, Lida Klunk, Kirke Harper, Martha Hamlyn, Peter & Mary Gregorio, Bill & Alice Sewell, Mike & Carrie Kabler, Laura Madere, John & Susanne Scott.

We picked up litter just in time for the holidays and the snow storm. If you are interested in joining the team, please contact Abby Cureton 410-924-9894.

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## **HAPPY BIRTHDAY!**

Barbara Haddaway	2nd
Nancy Clark	10th

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## **News from Kirke**

Owen Bond has celebrated his 50th birthday! Congratulations Owen and welcome to the Junior/Senior Citizen Club!

On Friday, January 1 the Annual New Year's Day Claiborne Paddle was held. It was a beautiful day so Jim Richardson, Martha Hamlyn, Sarah & Phil Sayre and Kirke paddled canoes and a kayak from the Kabler's out to the beach on Rich Neck. The water was flat, the wind calm and the temperature in the 40's. Thousands of geese entertained us as they moved from one side of Rich Neck to the other. The paddlers enjoyed a snack and hot chocolate on the beach and on their return were warmed up at Carol Kabler's.

Dink Daffin is entertaining the village with his hunting activities behind Renny Johnson's home. The geese approach in response to Dink's calls, the hunters blast away and Dink's beautiful white dog races around collecting the fallen geese.

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## **From Dan Higgins**

George Carlin's Advice on Aging  
How to Stay Young

1. Throw out nonessential numbers. This includes age, weight and height. Let your doctor worry about them. That's why you pan him/her!
2. Keep only cheerful friends. The grouches keep you down.
3. Keep learning. Learn more about the computer, crafts, gardening, whatever! Never let the brain idle. "An idle mind is the devil's workshop". And the devil's name is Alzheimer's.
4. Enjoy the simple things.
5. Laugh often, long and hard. Laugh until you gasp for breath.
6. The tears happen. Endure, grieve and move on. The only person who is with us our entire life is ourselves. Be ALIVE while you are alive!

7. Surround yourself with what you love, whether its family, friends, pets, keepsakes, music, books, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health. If its good, preserve, if its unstable, improve it, if its beyond what you can improve get help.
9. Don't take guilt trips.. Take a trip to the mall to the next county, to a foreign country, but NOT where the guilt is!
10. Tell the people you love that you love them at every opportunity. AND ALWAYS REMEMBER life is not measured by the number of breaths you take, but by the moments that take your breath away!

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Can you believe this is the fourth year for the Clarion? As usual, I welcome your help and ideas. If you have something you would like to announce in the Clarion please be sure to get it to me either by email or by dropping it off at the downtown which is located at 10449 Claiborne Road, you know where it is, it's my house. Barbara

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### **Contra Dancing for All!**

Don't miss the next Chesapeake Community Dance on Saturday, January 23, 7-9:30 pm at Christ Church Parish Hall, 103 Willow Street in downtown St Michaels.

All ages are welcome!  
No need to bring a partner!  
No experience necessary!

A professional dance caller will lead the way. If you prefer only to listen and watch, that's fine too.

Admission is on a pay-what-you-can basis and net proceeds go to support arts programming in area schools and under-served communities. Suggested donation is \$7 adults, \$3 students. Complimentary refreshments provided.

Call Judy Harrald at 5240 if you have any questions.

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### **FYI**

There's a free, local, informational, weekly, online newsletter that you may want to check out:

[EasternShoreSenior.com](http://EasternShoreSenior.com)

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### **Oyster Restoration Project Comes to Claiborne**

Several families in Claiborne are participating in native oyster restoration. Native oysters filter and clean our waters and their resurgence is an essential component of river health. The Choptank River Eastern Bay (CREB) Conservancy is seeking dock owners to grow oyster spat on their piers. The spat are grown in cages surrounded by a floating frame and tied to docks. The oysters grow from 12 to 15 months and can then be eaten, transported to a sanctuary by CREB or used to build your own oyster reef.

Additionally, the State of Maryland currently offers a \$500 tax credit to any citizen for the purchase of oyster spat floats – costing \$200/float.

Judy Harrauld is the local volunteer who helps with set-up. Call her at 5240 if you are interested.

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**STAY WARM  
AND HAPPY!**